



Peer Wellness Advocates

PULSE Peer Wellness Advocate Job Description

Leadership experience complements the academic curriculum at MassArt and empowers students to become more confident, engaged artists, designers and citizens. Students have the opportunity to apply for various paid positions to be held during their sophomore through senior years.

Student Leadership at MassArt is rooted in MassArt's Mission and Values and is essential to transforming MassArt's culture and community. All student leaders will be expected to uphold MassArt's missions and values as we work together to make MassArt a more equitable place to work, learn, live and make.

Description: The Counseling and Wellness Center (CWC) oversees the PULSE (Peers United for Life Skills Education) program which consists of four undergraduate students who are student leaders in this area. Students are selected who indicate an interest in learning about health and wellness issues and providing education to the college community in creative and inspiring ways. PULSE advocates will receive a comprehensive orientation to the role and frequent trainings in content areas specific to health and wellness in order to help advocates be competent in their position.

Duties and Expectations

- Develop and coordinate wellness programs throughout the year
- Lead workshops and deliver presentations on health and wellness topics
- Assist in assessing the college community student needs in the area of medical and mental health education and create programs of interest to help address pressing health issues
- Serve as a health resource to your peers
- Assist and implement annual suicide prevention fair (Fresh Check Day) as well as one personal passion program per semester
- Assist with PREVIEW - an orientation for new students with mental health concerns
- Engage in programming with other student leaders (Peer Advisers, MAC Board, RAs)

Required Qualifications

- Applicant must be in good academic and judicial standing with the college at the time of application and during the length of employment
- Must be a current matriculating undergraduate student at MassArt
- Express strong interest in mental health and wellness issues
- Organized, enthusiastic and energetic

- Ability to collaborate in a reliable manner

Preferred Skills and Qualifications

- Graphic design skills
- Past experience working on a team

Salary

- PULSE advocates are paid an hourly rate on a bi-weekly schedule
- Rate is the minimum wage for all student leaders (\$13.50/hour - with increases based on minimum wage; minimum wage will become \$14.25 in January 2022); PULSE Advocates will be paid up to \$1200/year.
- Must complete the programmatic paperwork as needed including a weekly log of activities

Time Commitment

- 2-6 hours average per week during the academic year up to \$1,200 per year
- 1.5 hours per week mandatory meeting as a team or involved in planning programs with other team members
- Must be available the last week of August for training and orientation